**For the contents of each section of the article, see Instructions to Authors**

Research article

**Title\*** (In article in English, first the English title, and below the title in Spanish)

**Author list, ORCID, and affiliations\***  (each author in a line, after the complete name, the affiliation number y superscript1 and ORCID)

*Author 1(afiliation number) ORCID*

*Author 2(afiliation number) ORCID*

*1Afiliation 1*

*2Afiliation 2*

Affiliations will be numbered by order of appearance.

**ABSTRACT\***  (In article in English, first the English Abstract, and below the RESUMEN in Spanish)

**Background (or Introduction):**

**Objective:**

**Methods:**

**Results:**

**Conclusions:**

Limit of 250 words.

**Keywords\***  (3 to 10 relevant descriptor – from MESH – DECS)

**Main body of the article (up to 3000 words and up to 5 tables/figures)**

**INTRODUCTION**

This section should include the aim and objectives of this study in the context of the wider subject area.

**METHODS**

We advise using subheadings in this section to improve the readability of the article. (See authors guidelines).

This section must include enough detail on the data sources and processes so that others can reproduce your research.

**Ethical considerations\***

This is mandatoryif the article concerns human participants or animals. See our ethical policies for more information.

**RESULTS**

The full results of the study must be presented in this section.

**DISCUSSION**

This section should include discussion of the results, with limitations, implications of this study, and recommendations for further research.

**Acknowledgements**

**BIBLIOGRAPHIC REFERENCES\***

We accept Vancouver format, with Authors Guidelines specifications.

**Conflicts of interests**

Any competing interests **must** be declared.

**Financial information\***

Any grants that supported the work must be listed here, including the grant number.

**Data availability\***

Every submission **must** include a data availability statement.