**For the contents of each section of the article, see Instructions to Authors**

Systematic review

**Title** (For articles in English, first the title in this language and below, the title in Spanish)

**List of authors, ORCID and affiliations** (each author on one line, after the full name, the affiliation number in superscript and then the ORCID).

*Author 1*(affiliation number) *ORCID*

*Author 2(affiliation number) ORCID*

*1Affiliation 1*

*2Filiation 2*

The affiliations must be numbered in order of appearance.

**ABSTRACT** (For articles in English, first the abstract in English, and below, the RESUMEN in Spanish)

**Introduction (or Background):**

**Objective:**

**Methods:**

**Results:**

**Conclusions:**

250 word limit.

**Keywords** (3 to 10 descriptors – from DECS/MESH)

**Main Body of the article (up to 3000 words and up to 5 tables/figures)**

**INTRODUCTION**

This section should also include the objective of the systematic review that is presented.

**METHODS**

You should provide enough detail so that others can repeat the work.

**RESULTS**

The results of the study are presented in this section.

**DISCUSSION**

Includes discussion of the results, limitations and implications of these, as well as recommendations for subsequent studies.

**Acknowledgments**

**BIBLIOGRAPHIC REFERENCES**

In accordance with the Vancouver format and the specifications of the Instructions to Authors.

**Conflicts of interest**

You must declare any relevant conflicts of interest.

**Financial information**

Any funding for the work must be listed here, including the number, if applicable.

**Authorship contributions**

List of the contributions of each author, according to the CREDIT taxonomy.

**Data availability**

All submissions to the journal must includethis statement. See Instructions to Authors.